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8 days Lhasa Nyingchi Tsedang circuit tour

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Lhasa
Draksum Tso
Bayi
Tsedang
Lhasa

This circuit tour presents you the unique Tibetan culture and stunning natural scenery. Head eastwards from Lhasa to enjoy a great view of Draksum Tso Lake, take the south route on return to visit the very first Buddhist monastery in Tibet.

Type
Private
Duration
8 days
Theme
Natural scenery
Trip code
WT-401
Price
From £ 629 per person

Itinerary

This trip is a combination of culture and natural scenic tour of Tibet, it covers Potala Palace, Jokhang Temple and other regular sites and then heads eastwards to Nyingchi- the farthest destination of this trip. En route, you will visit the beautiful Draksum Tso Lake and spend a night in a guesthouse by the lakeside. On return, you will take the southern route via Nang and Gyatsa county, following the banks of Yarlungtsangbo River all the way up to Tsedang-the historic capital prior to Lhasa then Samye monastery close by.

Day 01 :

Arrival at Lhasa [3,658m]

Upon arrival at Lhasa airport or train station, to be met and transferred to your hotel in Lhasa. Afternoon have a good rest to acclimatize the high altitude. Overnight at Lhasa. **(B)=breakfast**

Day 02 :

Lhasa City sightseeing, visit Potala Palace & Jokhang Temple (B)

Today you will visit Jokhang temple and Potala Palace. Jokhang temple is the most sacred shrine in Tibet which was built in the 7th century, the circuit around it called Barkhor street, which is a good place to purchase souvenirs. Potala Palace is the worldwide known cardinal landmark of Tibet. The massive structure itself contains a small world within it. Mostly it is renowned as residence of the Dalai Lama lineages (Avalokiteshvara). Both of them are the focal points of pilgrims from the Tibetan world, multitudinous pilgrims are circumambulating and prostrating in their strong faith. Overnight at Lhasa.

Day 03 :

Lhasa City sightseeing, visit Drepung monastery, Sera monastery & Norbulingka summer palace (B)

Today you will be arranged to visit Drepung, Sera monasteries and Summer Palace - Norbulingka palace. Both Drepung and

Sera monasteries are Gelugpa (yellow hat) sect monastic colleges. Drepung monastery was the seat of the Government prior to Potala, it was once the world largest monastery in the history with 7,700 monks hailed from different monasteries all over Tibet. Sera monastery is famous for its Buddhism philosophical debate practice, the clapping sound and aggressive expression of the monks are well worth to see. Norbulingka is the summer palace of Dalai Lama, you can visit the residences of different lineages of the Dalai Lama. The park is crowded with picnickers and traditional activities during the Shoton (Yogurt festival) in August. Overnight at Lhasa.

Day 04 :

Lhasa/ Ganden / Draksum Tso (381km, 7hrs) (B)

After breakfast, drive to Draksum Tso, en-route sightseeing at Ganden monastery, it is extremely fabulous view on the top of the Ganden Wangpo Hill with Kichu valley on the behind, then cross over Mila Pass (5100m), enjoy the scenery along the Niyang River. Afternoon reaches Draksum Tso, also known as Basum-Tso. The lake and its surrounding views are beautiful and the site is also connected to the semi-mythical ruler of the Kham region and Guru Rinpoche. The joint board floating bridge is the only way to the Tsodzung island and visit the Tsodzung Monastery amid of the trees, most probably the highest attraction of this site.

Day 05 :

Draksum Tso / Bayi (125km, 3hrs) (B)

In the morning, take a walk along the lakeshore. In the late morning, retrace the way to the Highway that joins at Pahe village and continue 79km further to Bayi, the major town of Nyinchi region, passing Shoka and Jara villages en route. Check-in hotel. In the afternoon visit the nature reserve with 2500-year old cypresses adjacent to the town, according to the Bon believers that cypress is the spiritual tree of their Buddha-Dunpa Sherab. Overnight at Bayi town.

Day 06 :

Bayi / Tsedang (410km, 7hrs) (B)

Drive through Nang county to Gyatsa, en route visit an ancient Nyima Monastery Lama Ling, that lies only 34km south of Bayi and 6km off from the main road. Then drive following the bank of Yarlung Tsangpo River, the forest along the road gets thinner when you drive toward Gyatsa. Today the road is in a worse condition, the twisted and dusty road climb the Podang la (5030m), the paved road will meet at the foot side of the hill. The ancient capital Tsedang is beautifully situated in the fertile Yarlung valley, this valley is the so said cradle of Tibetan civilization. Overnight at Tsedang.

Day 07 :

Tsedang / Samye Monastery / Tsedang (90km, 4hrs) (B)

Morning you will visit the 1st ever Palace Yambulakhang and Tradruk Temple in Tsedang, then move to Samye to visit Samye Monastery, which is the first Buddhism monastery in Tibet built in the 7th century, the main temple comprises three different styles of Tibetan, Hans, and India, fantastic views of Yarlung Tsangpo river can be enjoyed all along the road. Overnight at Tsedang.

Day 08 :

Tsedang / Lhasa airport send-off (100km, 2hrs) (B)



Your guide and driver will see you off at the airport or train station, end of the trip.

Inclusions

Tour notes:

Please note prices are based in CNY.

General inclusions:

All required government taxes and fees.

Please contact one of our Tour Advisors to get a custom quotation made to your requirements.

All required Tibet permits and domestic travel documents.

Where possible 3 star hotels will always be provided, if the city or town does not have then the local guest house or monastery guest house will be provided (i.e. tent / dormitory bed, no private bathroom etc.)

All entrance tickets as noted in the tour's itinerary.

Local Tibetan guide fluent in English, Chinese or Japanese that is certified by the state tourism build. (If your native language is not listed please let us know, we are certain we can assist your needs.)

Airport and/or train station pick-up and drop-off.

Transportation will be provided via a comfortable and clean car, minivan or tourist bus depending upon the groups size.

General exclusions:

Personal expenses such as laundry, drinks, internet access, fax, telephone calls etc.

Tips for your guide and driver.

Meals that are not specified in the tour itinerary.

Optional Attractions that are not specified in the itinerary.

Flight tickets or train tickets in and out of Lhasa (Please note: We can offer you train and/or plane tickets in and out Lhasa from all cities within China. Please check the latest price with us via email.)

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