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## 7 days Tibet cultural tour with Gyantse Fort and Shigatse

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Lhasa  
Gyantse  
Shigatse  
Lhasa

Get up close and explore Tibet's soul! Learn about the reach culture and history by going straight to Tibet's heart. Stop and visit local families, in their traditional homes as you travel from Lhasa to Shigatse and beyond.

Type  
Private  
Duration  
7 days  
Theme  
Winter getaways  
Trip code  
TWT-TCH-02  
Price  
From CN¥ 4,300 per person

### Itinerary

Day 01 :  
Arrival at Lhasa (3600m)



At your arrival your Tibetan guide and driver will pick you up and transfer to the hotel in Lhasa, it is only 68km and two hours from the airport, from 15km which take 20 minutes. Take rest to acclimatize and alleviate jetlag. Overnight at Lhasa.

#### Day 02 :

Lhasa city sightseeing (3600m) (B)

After breakfast, visit Jokhang temple, the most sacred shrine in Tibet which was built in the 7th century and located at the heart of old town in Lhasa, the circuit around it called Barkhor street, which is a good place to purchase souvenirs. Potala Palace is the worldwide known cardinal landmark of Tibet. The massive structure itself contains a small world within it. Mostly it is renowned as residence of the Dalai Lama lineages (Avalokiteshvara). Both of them are the focal points of pilgrims from the entire Tibetan world, multitudinous pilgrims are circumambulating and prostrating in their strong faith. Overnight at Lhasa.

#### Day 03 :

Lhasa City sightseeing, visit Drepung monastery and Sera monastery (3600m)(B)

Today you will be arranged to visit Drepung and Sera monasteries. Both Drepung and Sera monasteries are Gelugpa (yellow hat) sect monastic colleges. Drepung monastery was the seat of the Government prior to Potala, it was once the world largest monastery in the history with 7,700 monks hailed from different monasteries all over Tibet. Sera monastery is famous for its Buddhism philosophical debate practice, the clapping sound and aggressive expression of the monks are well worth to see. Overnight at Lhasa.

#### Day 04 :

Lhasa / Yamdrok Lake / Family visit / Gyantse [3980m], 280KM 6hrs drive (B)

Morning drive up to Gambala pass at the elevation of 4794m, you will have the first sight of the Turquoise lake Yamdrok tso. Yamdrok tso Lake is the one of the three scared lakes in Tibet, appears like jasper in a dark blue color. Driving along the lake shore and stop to visit one local family and experience the Tibetan lifestyle. Lunch will be at the nearest town Langkazi. After lunch further follow the southern Friendship highway along the sprawling lakes and bloom glaciers to Gyantse.

Gyantse is a small town in Tibet, this typical Tibetan town still keeps its own feature, and it's a worth for a stop before heading to Shigatse. In Gyantse, you will visit the famous Kumbum Stupa, it is about 35m high containing countless Buddha images, it is truly awe-inspiring and one of the most spectacular monuments in Tibet. Afterwards have a look at Phelkor Monastery with its fine paintings and statues, wander through some narrow lanes of old Gyantse town. Overnight at Gyantse.

#### Day 05 :

Gyantse [3980m] / Shigatse[3840m],90km, 2hrs(B)

Morning after breakfast at hotel, climb up to Gyantse Dzong, an old fort where you will enjoy the breathtaking views of the old Gyantse Town. Carpets made in Gyantse are the best quality in Tibet, you may pay a visit to one of the carpet factory to see how the carpets are woven. Late morning drive about 1.5 hours to Shigatse, it is the 2nd largest city in Tibet. One of the highlights in this city is Tashilhunpo monastery which is the seat of the Panchen Lama, the 2nd most important spiritual leader of Tibet. Walk along the monastery kora where you will have the stunning view of the whole Shigatse city. Afterwards pay a visit to the local living market. Overnight at Shigatse.

#### Day 06 :

Shigatse / Lhasa, 300km, 5hours drive(B)

Morning after breakfast, drive back to Lhasa along the Yarlung Tsangpo River (about 5 hours). Free explore Lhasa on your own in the afternoon. Overnight at Lhasa.

Day 07 :  
Lhasa airport /train station send-off (B)



Your guide and driver will see you off at the airport or train station, end of the trip.

## **Inclusions**

### **Tour notes:**

All of our tours can be customized to suite your requirements, interests and budget. It is our specialty! Please feel free to contact us.

Please note prices are based in CNY.

### **General inclusions:**

All required Tibet permits and domestic travel documents.

Your selection of 3, 4 or 5 Stars hotel (shared twin room, private bathroom and daily breakfast)

All entrance tickets as noted in the tour's itinerary.

Local Tibetan guide fluent in English, Chinese or Japanese that is certified by the state tourism build. (If your native language is not listed please let us know, we are certain we can assist your needs.)

Comfortable and clean 7/8 seats minivan for groups of 5 persons or less; for larger groups minibus and tourist coach are available.

Please note that on day 2 there is no private vehicle arranged as this day is a walking tour that will start and end from your accommodation.

### **General exclusions:**

Personal expenses such as laundry, drinks, internet access, fax, telephone calls etc.

Tips for your guide and driver.

Meals that are not specified in the tour itinerary.

Optional Attractions that are not specified in the itinerary.

Flight tickets or train tickets in and out of Lhasa (Please note: We can offer you train and/or plane tickets in and out Lhasa from all cities within China. Please check the latest price with us via email.)

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